











Coordinator's Note

For over 27 years, War Against Rape (WAR) has been committed to providing legal and mental health aid to the rape survivors and their families with essential advocacy and research part. Over the years, WAR has grown into a strong, vibrant forum, providing high quality assistance to the rape survivors.

I am pleased to announce WAR has started helpdesks in government hospitals for the very first time in Pakistan which has been a challenge for us. Since, rape is a taboo, it has always been a challenge for us in terms of funding, awareness sessions say it community or youth sessions, advocacy, lobbying, helpdesks and what so not.

Specifically, the only six numbers of women medico legal officers throughout Karachi and the number of rape cases reported is the area which needs more attention to increase the number of women medico legal officers.

Yet, surviving for 27 years in such state where nobody even wanted to talk about issues like rape where it is the most common crime happening in our own society. Breaking the Silence campaign in the initial years of WAR had really helped us to go ahead with the cause and cases were than reported.

Nida Idrees



Editor's Message

This year WAR has broken its previous record by winning six rape cases, and a counter case on survivor's family, the most so far in a year. I salute and extend my gratitude towards all survivors of sexual violence and

their families' courage, strength and amazing spirit despite all the horrifying lapses in the state's criminal justice system, police and the medico-legal sector services. WAR's team of professionals also deserves a round of applause for their passion, dedication and commitment in order to extend their support towards this

WAR has achieved another landmark under its advocacy and lobbying campaign along with her ally NGOs in terms of passing of the 'Anti Rape Laws (Criminal Laws Amendment) Bill, 2016. Over the years, WAR has strongly advocated from the dark days of Hudood Ordinances, break the silence issue, Criminal Laws Amendment (Protection of Women) Act, 2006 to the passage of Anti Rape Laws 2016.

During the last 12 years, Pakistan's government has made some considerable important advances in legislation relating to women and children, however, despite pro-women and children legislation cases of sexual and gender-based violence against women and children keep on increasing. In reality, 58096 cases of violence against women were reported across Pakistan between 2008-2014', child sexual abuse (CSA) cases are at an alarming rise with 19633 children having been sexually abused between 2009-2015". Advancements in legislation are futile if they are not understood by the population they are meant to protect and serve. Hence, it is the responsibility of the state to ensure the effective implementation of the Anti-Rape Laws 2016 and all the pro-women and children legislation in order to protect and serve the vulnerable members of the society.

Sheraz Ahmed

righteous cause.

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About War Against Rape (WAR)

WAR Against Rape (WAR) is a certified non-profit, non-sectarian, non-governmental, apolitical, organization. It was founded in Karachi in 1989 and became a registered organization in 1992. WAR is committed to creating a rape free society. It endeavors to work on all social, legal, medical, and administrative issues that could help either in the reduction of such acts of violence or in the supporting, facilitating and improving of human rights and conditions for survivors.

WAR offers services to survivors of sexual violence including free legal aid, psychotherapeutic counseling, medical assistance and crises intervention, and has an aggressive advocacy component through which various activities are undertaken for awareness-raising and capacity-building purposes.

Success Stories

The State vs. Mohammed Tahir

Overview: A 6 year-old minor was taken away by a young seminary teacher to a roof top of a Madrasa when she left her house to buy some sweets. The accused forcibly raped her and threatened to kill her and other family members if she disclosed the event to anyone.

Judgment: The accused has been convicted under section 376 of Pakistan Penal Code (PPC) and sentenced to life imprisonment with a fine of Rs. 50,000. In default of payment of fine, the accused shall suffer three months of additional simple imprisonment.

The State vs. Aijaz Hussain

Overview: The survivor was teaching at one of the schools in her area. The accused (Principal) asked a student to call survivor at his office on the first floor. The accused then followed her from downstairs and dragged her into a close by room on the ground floor and raped her forcibly.

Judgment: The accused has been convicted under section 376 PPC and sentenced to 10 years imprisonment and a fine of Rs. 20,000. In default of payment of fine, the accused shall suffer six months of additional simple imprisonment.

The State vs. Irfan Ali

Overview: The survivor was a 13 year-old girl. She was kidnapped and raped by a hotel worker. The survivor's friend saw her when the accused kidnapped her, and informed her parents. The police arrested the accused and recovered the survivor.

Judgment: The accused has been convicted under section 364-A PPC and 376 PPC and sentenced to a

rigorous imprisonment for 14 years with a fine of Rs. 50,000. In default of payment of fine, the accused shall suffer two months of additional simple imprisonment.

4 & 5. The State vs. Bashir Ahmed & other

Overview: In this case two camel riders kidnapped, brutally raped, and murdered the 8/9 year old girl. They were identified by a motorcyclist when he was cleaning his motorcycle, who heard shouting while both accused tried to rape another small girl of the same age. He gathered people in the area and informed the police. The police arrested both the culprits.

Judgment in case no. 4 & 5: Bashir Ahmed and his accomplice both have been convicted under section 7(e) of Anti-Terrorism Act (ATA) 1997 and sentenced life imprisonment.

The State vs. Ubaid-ul-Haq

Overview: The survivor's brother used to take his father to hospital due to cardiac problem. The accused is her father's friend and he advised him to take spiritual treatment. The accused build trust on survivor's family and advise her father to overcome such evil density we needed to write the holy book, QURAN-E-PAK in your daughter's hand writing. He took her father's permission writing training of QURAN-E-PAK. But he raped her constantly and made a video and picture and blackmailing and threatened her for the dire consequences if she disclose this matter to anyone.

Judgment: The accused has been convicted under section 376 PPC and sentenced to a rigorous imprisonment for 14 years with a fine of Rs. 50,000/. In default of payment of fine, the accused shall suffer two months of additional simple imprisonment.

Advocacy on Anti-Rape Laws (Criminal Laws Amendment) Bill, 2014

WAR, under its advocacy and lobbying campaign, held an open meeting comprising of members of the Civil Society Organizations (CSOs) which called upon the Government not to let the Anti-Rape Laws (Criminal Laws Amendment) Bill, 2014, recently passed by the Senate, to lapse and urged the Government and the Opposition to ensure passage of this Bill as soon as possible in the National Assembly. The Alliance in Support of Anti Rape Law (ASARL) was formed and presses the Government and the MNAs of various political parties to focus on issues of women's welfare.



Highlighting Prevalence of Sexual Violence Factsheet

WAR publishes its Factsheet annually in order to highlight the growing severity of the issue of sexual violence, and the state's constant failure to ensure safeguarding and protection of the survivor's rights and delivery of services. The Factsheet serve as a point of reference to the prevalence of sexual violence in the city and highlight the number of reported cases since 2005 according to official figures acquired from different government departments including NGOs.

Annual Factsheets highlighting sexual violence incidents in Karachi including WAR's investigation and findings were published and disseminated amongst relevant key public and private stakeholders' i.e. civil society organizations (CSOs), media, government departments, the legal community, health department, educational institutions, police and the general public etc.

These Factsheets serve as an advocacy tool for those working on the issue of sexual violence and contain baseline information on the nature of cases reported in the city. Factsheets also identify the most vulnerable age group in sexual violence cases, highest number of reported cases demographically, nature/type of sexual violence, average age of rape survivors, number of families displaced, and the number of cases reaching to courts for litigation services. Furthermore, procedural hindrances related to police force, medico-legal sector and judiciary have also been identified and addressed to advocate reforms in working procedures, policies and protocols in law, police, medico-legal department and administrative justice.

War Against Rape

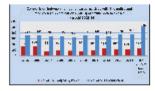
FACTSHEET

(JANUARY 2015 TO JUNE 2016)

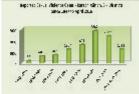
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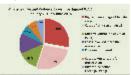
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Decrease in Reported Sexual Violence Cases n Pakistan 2015

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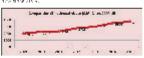


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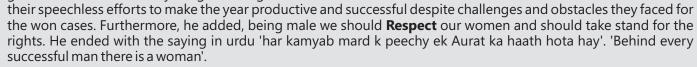
Seminar on International Women's Day Celeberation 2016

'SHARING SUCCESS STORIES OF SURVIVORS OF SEXUAL VIOLENCE (SV)'

WAR has celebrated International Women's Day, 2016 by organizing a seminar 'Sharing Success Stories of Survivors of Sexual Violence'. Participants from different segments of life including NGOs, doctors, journalists, actors, govt. departments etc. participated with great enthusiasm.

WAR team; Ms. Rukhsana Siddiqui, Program Officer and Ms. Asia Munir, In-house Lawyer highlighted the obstacles/challenges and experiences that they faced while handling SV cases. Ms. Nida Idrees, Coordinator, highlighted WAR's achievements over the years.

Dr. Abdul Bari Awan, WAR Working Committee Member, has given the welcome note by congratulating WAR and its team on





Dr. Kaleem Shaikh, Additional Police Surgeon (APS), Jinnah Post Graduate Medical Centre (JPMC) in his speech discussed the shortage of women medico-legal officers (WMLOs), only 07 in three major government hospitals. WMLOs can only examine in female sexual violence and post-mortem, hence they need more WMLOs to overcome the burden of these cases. He further added, the advocate of perpetrators asked irrelevant and shameless questions and cross their limits, as a consequence we feel that we have done this heinous crime.

Syeda Ghazala Siddiqui, Station House Officer (SHO) of Meethadar, Police Station discussed that 75 junior male police officials are working under her supervision. She always encourages her juniors. She furthermore added that they have strong coordination with WAR team. She disclosed that female police officials are also get harassed by their male colleagues.

Dr. Lubna Bokhari, on her closing remarks extended her gratitude and salutes all survivors of sexual violence and their family members by fighting their cases till the end. She also congratulated WAR team for their extended support, enthusiasm, commitment and dedication while handling case of sexual violence.

Note: Please visit page 2 for success stories.

Protest Demonstration in Solidarity with Survivors of Kasur Incident

WAR along with members of different NGOs held a protest demonstration in front of the Karachi Press Club in solidarity with the Kasur sexually abused child survivors and their families. The CSOs Members demanded Speedy Justice and immediate arrest of all the real perpetuators of these heinous crimes of rape, sodomy, blackmail, and cybercrime. The real culprits are the powerful influential people of that area, who have **financially gained** from this sordid Kasur scandal.

WAR and the members of CSOs rejected the JIT nominated by the Government, as the intent of this JIT like the previous JITs nominated by the Government, is only to hide and save the Powerful and Influential. The Civil society demanded that the JIT, if constituted, should consist of well-respected and well known members of the Civil Society.



Community Meetings

Sensitizing and Preventing Communities from Sexual Violence (SV)

The community meeting campaign was aimed at eradicating the crimes against women and children, especially Sexual Violence (SV) and Child Sexual Abuse (CSA), and improving community responses to tackle the issues. Myths and misconception are dispelled around SV in these settings. This component also aims to explore ways of increasing community participation, especially of women in challenging the widespread acceptance of violence against women. Parents and other community members were guided about preventive measures in order to eliminate children from all forms of sexual exploitation.



These meetings were organized and conducted by

Rukhsana Siddiqui and Sheraz Ahmed, Program Officers (POs). Some of the young girls were provided security alarms, which they can use in a situation when someone tries to harass them. Participants were also guided on how to raise the alarm for their safety in order to prevent crimes of harassment, abuse and sexual violence. An estimated 415 men and women directly benefited through this campaign, while 8,300 were reached indirectly. Schedules and details regarding community meetings can also go through the link follows:

file:///C:/Users/user/Downloads/Mama%20Cash%20Project-2014-2015%20.

Training & Sensitization Workshops with School Teachers & Administration

Identifying, Preventing & Responding to Child Sexual Abuse (CSA)

The teachers' training was aimed at exploring their understanding of sexual violence, developing their understanding of the early signs and symptoms of children who have been sexually abused and survivors of sexual violence as part of an early identification and early intervention. In addition to this, they were taught how to initiate initial contact with the survivor, basic counseling skills essential in dealing with such cases and ways forward were related topics under discussion during the training sessions.

Symptoms of CSA and its physical, psychological and social effects on children were also under discussion, as well as myths surrounding CSA.

Teachers' trainings were conducted by Ms. Nida Idrees, Coordinator and Ms. Arisha Qayyum, Consultant. estimated total number of 10,500 children were reached through 300 teachers. New Karachi, Korangi, Punjab Colony, and Neelam Colony to name a few are some of the areas where these training sessions were conducted. WAR ensures the sustainability by monitoring teachers who will continue to impart these lessons on new teachers and students. The teachers' training activities schedule and other details can be found on the following link:

file:///C:/Users/user/Downloads/Mama%20Cash%20Projec t-2014-2015%20.





Sensitization Sessions with Students

Identifying, Preventing & Responding to Child Sexual Abuse (CSA)

The main objective for these awareness raising sessions were to conduct sensitization sessions with students at schools, identify cases, and develop networking and referral mechanisms with WAR. All students were made aware of their rights and preventive measures were discussed to avoid sexual violence, harassment, and abuse. The main content was related to "Good Touch" and "Bad Touch". Role playing, group presentations, and quiz were the main methodologies to deliver the sessions.

These sessions were conducted by Arisha Qayyum, Consultant, Rukhsana Siddiqui and Sheraz Ahmed, POs, WAR. A total of **35** awareness raising sessions were conducted with a total of **1565** students of primary and secondary sections of schools who were the direct beneficiaries of these sessions. WAR ensures the sustainability by monitoring teachers to ensure that they will continue to impart these teachings onto new students every year. The following is a link of the sensitization sessions with students:

file:///C:/Users/user/Downloads/Mama%20Cash%20Project-2014-2015%20.



FIRST TIME IN HISTORY SENSITIZATION SESSION AT MOSQUE (MADRASA)

It was one of the biggest challenges for WAR to conduct an awareness-raising session at a Madrasa with seminary teachers due to their biased and judgmental attitudes and non-cooperation. WAR has made history in its ability to overcome this challenge and to have been able to conduct this sensitization session with both seminary teachers, and the administration of Madrasat-ul-Madina, Punjab Colony. They have been able to address important issues as well as raise awareness of sexual violence against women and children. Seminary teachers were also guided about the preventive measures to take in order to eliminate Sexual Violence (SV) and Child Sexual Abuse (CSA) from the society.



The administration at the Madrasa thanks the WAR team and is willing to hold an awareness-raising and prevention session on CSA with students at the Madrasa in 2016.

Referral Networking Meetings with Police

These meeting were conducted with a view to sensitized police force while dealing with case of sexual and gender-based violence (SGBV), and to establish a referral mechanism to refer SGBV cases to WAR for free legal aid and psycho-social counseling. WAR ensures that the police officials are sensitize in order to handle SGBV cases, so that women do not feel reluctant to report sexual assault cases without fear, harassment and threatened. In these settings, WAR disseminated a guideline 'My



Responsibilities as a Police Officer' for the sensitization and capacity building of police force.

The Meetings were organized and conducted by Rukhsana Siddiqui and Sheraz Ahmed, POs. In this connection, WAR held **19** meetings with police force in various police stations, Awami Colony Police Station (P.S), P.S Zaman Town, P.S Boat Basin, P.S Dacks to name few. **105** police officers were sensitized through these settings.

Awareness-Raising & Prevention Campaign Through Media on Sexual Violence (SV)

An awareness-raising campaign through local cable operators was initiated for the first time by WAR. Through this component, WAR spread awareness regarding the prevention of SV and CSA. Parents were given guidelines to help them identify early signs and symptoms and to create close relations with their children in order to prevent increasing number of CSA cases. In the event of rape, people would be able to inform WAR in order to gain immediate support. If the law enforcement authority didn't register the FIR or medico-legal examination of survivors of sexual

violence, they would be supported by WAR through the contact information provided.

2 million People have been reached through WAR's media prevention and awareness-raising campaign regarding CSA and SV through the Delta Cable Operator and Multi Max Service. The number was estimated according to the figures provided through the Delta Cable and Multi Max Channel household coverage in **(70)** and **(293)** areas of Karachi, West and South Zone respectively.

Survivor Support Program

First Contact:

In first contact; WAR team visit survivors home at their doorstep where they offered basic counseling and information to the survivors' of sexual violence and their families regarding their legal rights and how WAR can provide these free of cost to them.

WAR team initiates first contact with survivors and their families when they come to know incidents through media reports, reference from judges/lawyers, NGOs, Police or the medico-legal officers (MLOs). Survivors of sexual assault not very often approach WAR directly for the legal and psycho-social assistance.

Investigation:

WAR team investigated 30 cases of sexual violence between January 2015 to June 2016. Team paid 30 visits to different police stations in order to collect data on sexual violence cases, including women police stations and Additional Inspector General of Police (AIGP), Crime Branch, Sindh, Karachi. Police Station visits are also necessary when assistance is required in the filing of reports.

Total of 6 visits were also made to three major government hospitals, Jinnah Post Graduate Medical Centre (JPMC), Civil Hospital and Abassi Shaheed Hospital, where medico-legal examinations (MLEs) in sexual violence cases are conducted by the medico-legal officers (MLOs).

Psychotherapeutic Counseling:

Psychotherapeutic counseling plays an important role in rape survivors and their family members' rehabilitation process to get through the emotional and psycho-social issues that arises in such incidents. It helps them in order to develop coping mechanisms so they may be able to once again lead a normal life. During January 2015 to June 2016; 25 counseling sessions were held with 10 survivors and their families.

Financial Support:

During this period; WAR also provided support to survivors and their families for the provision of food, medicines, clothing, education etc. (Survivor Only).

Services through the Legal Aid Program

WAR provides free legal support to the survivors of sexual violence. WAR's legal aid program aims to extend access to justice to every individual in society, especially to those who cannot afford it. Currently WAR is providing litigation services in **26** sexual violence cases.

January 2015 to June 2016; WAR team investigated 30 cases of sexual violence. Out of the total cases, WAR took 30% cases to court for prosecution; however, 70% of the cases have yet to go to court for prosecution. (for further details please refer to WAR's Fact Sheet 2015-16 on our website www.war.org.pk). Still, there is a vast majority of cases that never get reported, reaching up to 90%. The main reason is the judgmental, discouraging, and suspicious attitude and behavior of the service providers. The social pressure placed upon survivors, poverty, lengthy court proceedings, and the irregularities in the system are also major hindrances that ultimately lead to the conviction rate in rape cases to lie only at 3-4% in Pakistan.

WAR's Presentation at Residence of General Council Switzerland on Elimination of Violence Against Women (VAW)



WAR and other NGOs, Aurat Foundation, Aahung, and Tehreek-e-Niswan, were invited to the General Council of Switzerland Residency, Karachi, in order to mark the 16 days of activism on the elimination of VAW. WAR and other civil society members presented their expertise, services, achievements and areas of work through a power point presentation. Discussions were held between the Swiss Consulate and all the NGOs regarding the elimination of sexual and gender based violence against women worldwide. The efforts of all the NGOs were appreciated by the Swiss Consulate on that occasion.

War's Participation at Women of the World (WOW) Festival

WAR has set an information booth in order to spread awareness regarding sexual violence. People from different walks of life including NGOs, CBOs, doctors, lawyers, students etc. participated with passion in that event. WAR oriented them about its activities, experiences, challenges/obstacles, achievements and way forward to achieve advocacy endeavors.

WOW is now a global movement of festivals for everyone that celebrates women and girls and looks at the obstacles that prevent them from achieving their full potential. Karachi was the first full WOW festival in South Asia.

The day long festival held of talks, workshops, debates, speed-mentoring, performances, a marketplace, events for young people, and networking opportunities.



INTERNSHIP PROGRAM 2015-16

Building Stronger Alliances with Educational Institutes

In 2015-16, WAR had successful internship programs with students of various national and international universities. Students took active part in WAR's activities throughout the year including newspaper screening, data-compiling, fund-raising, community meetings, awareness-raising at schools, and field visits to the courts, police stations, and protest demonstrations.

International Countries: In 2015, most of WAR's International Volunteer Interns came from China and Chile via AIESEC-IBA (Association of International Exchange of Students in Economics and Commerce partnered by Institute of IBA) program.

Internship Placement: WAR offers great opportunity for students from various national and global colleges/universities through its Annual Summer Internship program in order to work along its professional staff in various activities and programs related to issues concerning all forms of sexual violence against women and children. It is also a great learning experience on the challenges that exist in addressing sexual and gender based violence in Pakistan.



Talking About Incest

What is Incest?

- Simply put, Incest is any sexual act between two individuals who are too closely related to marry.
- Most incest occurs between older male relatives and younger female children in families. Common perpetrators include fathers, uncles and brothers.

How is Incest different from other form of Sexual Abuse?

Incest differs from other forms of sexual abuse in that the perpetrator is assumed to stand in a protective or parental role to the survivors.

This is also the reason why the psychological damage to the survivor is much worse in incestuous abuse cases, as there is a betrayal of trust and a sense of powerlessness.

Under Pakistani law, there are no special legal provisions or punishment for cases of incest. The cases are dealt with under **Section 376**, which deals with rape.

What are the factors that contribute to Incest?

- The factors that contribute to incest and sexual abuse of children are very complicated. When boys and men are supported in the belief that they have a right to dominate and control women and children, they may well decide that this includes the right to use them sexually.
- Amongst the lower order working classes, it is mostly the women who go out to earn whilst the men stay at home. In these families, where 6-10 members are sharing a one or two bedroom house, girls have no privacy, and frustration levels are at an all time high. Thus, children fall prey to such crimes.
- Amongst the affluent classes, especially in cases of brother-sister incest, it has often been noted that the perpetrator blackmails the survivors, forcing her to concede to incestuous behaviour.

What can we do?

www.way2hope.org suggests using a buddy system; always have another trusted friend or relative around so there are always 2 adults with the child.

Watch out for sudden and unexplained behavioural changes in children; such as extreme mood swings, withdrawal, fearfulness or excessive crying, as well as physical symptoms such as poorly explained cuts or injuries, or pain, bleeding or rawness in the private areas.

Also keep in mind that children do not always demonstrate obvious signs such as these but may do or say something that hints at the exploitation

Since 2004, WAR has investigated a total number of 40 incest related cases, 80 percent of which involve men in <u>a</u> fatherly position

WAR IN MEDIA

WAR's team of professionals was invited on the following TV programs to participate on the issue of sexual violence against women and children.

- 1. Morning show "Ye Hai Zindagi" DAWN News, May 19, 2015.
- Talk to DAWN News channel regarding Kasur Child Sexual Abuse case on August 13, 2015. 2.
- 3. Voice of America (Radio) on December 1, 2015.

Registration & Certification:

WAR is registered under Societies Registration Act, 1860 (Registration No. KAR 2322), as of 21 September, 1992. Tax exemption certificate number: JUD/CIT/COS-V/ (ENF-DIV-11)/2007/5279 Certified by Pakistan Centre for Philanthropy as a Non-Profit organization.

WAR is also a registered and approved charity under the umbrella of I-Care Fund America. Zakat and all donations from USA to it are tax exempt.

Sponsor or Donate:

Bring a social change by empowering a survivor of sexual and gender-based violence through your generous support.

Support a Rape Survivor (per case)		
Transport	2,000	
Counseling	2,000	
Vocational Training & Skills Development	5,000	
Legal Case Costs	20,000	

Deposit your donations directly to:

BANK AL-HABIB (ZAMZAMA BRANCH) D.H.A Phase V, Karachi - 75500, Pakistan. Account Title: War Against Rape (WAR) Account Number: 1005-0072-007463-52-2 IBAN: PK83BAHL 1005007200746352

Note of Thanks

WAR would like to thank its donors, Mama Cash and Global Fund for Women, for 2014-15 programs, and individual supporters without whose support and faith none of this would have been possible. WAR would also request them to continue their generous support in coming years as well.

Aurat Foundation (AF) Violence Against Women (VAW) Report 2014 "Cruel Numbers Report, Sahil (2009-15)

WAR IN THE PRESS



WAR programs funded by:





WAR Against Rape

102, Pearl Crest, 18-C, 4th Commercial Lane, Zamzama Blvd, Karachi-75500, Pakistan. Tel: (9221) 3537 3008, 3530 1975, Email: waragainstrape.khi@gmail.com Website: www.war.org.pk, www.facebook.com/WarAgainstRape1989